

Form 1: KT Roadmap – Guiding Questions

This document includes 6 steps and serves as a guide to complete and/or consult Forms 2 to 4.

Step 1 – What is the goal?

Identify the objective of your participation-focused practice KT intervention in collaboration with client/family.

Guiding questions:

- What gap(s) in participation-focused practice would you most like to address?
- What is reasonable/feasible to address in your setting?

For example:

- Clinicians will engage client/family in co-identifying participation goals.
- Clinicians will use self-reported outcome measures to identify change in client's participation.

➔ **Enter the KT Intervention Objective into the P-KT Framework Diagram (Form 3)**

Step 2 – Where are we at?

Identify the readiness for change in your context.

Guiding questions:

- Is there awareness of participation-focused practice?
- Is participation-focused practice valued?
- Is there motivation for change?
- Has anything been tried?
- Where are the clients/families at?
- How do parents and clients/young people currently support their participation?
- How do organisational mandates/priorities support a participation focus?

For example:

- Clinicians try to implement participation-focused practice but are not sure how (I TRY).
- Clinicians do not have time or skills to implement participation-focused practice (I DON'T).

➔ **Tick the stage on the “Readiness for Change” continuum in the P-KT Framework Diagram (Form 3)**

It may be helpful to conduct a needs assessment, for example a brief survey in your organization.

See also ***Guiding Principles to Support Uptake of Participation-Focused Innovations (Form 2)***

Principle 4: Understand where the participation-focused innovation sits in relation to your situation

Step 3 – What is the Participation Focused Innovation?

Identify the Participation Focused Innovation (participation-focused practice) you would like to implement in your context.

For example:

- Co-creating guidelines for setting participation-based goals together with families
- Participation-focused assessment framework
- Therapy intervention focused on improving participation

➔ **Enter the Participation Focused Innovation into the P-KT Framework Diagram (Form 3)**

Analyse the Participation Innovation (e.g., a new measure, intervention, guideline).

Example guiding questions:

- Are there any costs involved?
- Does it require training?
- Is knowledge available and easily accessible? (e-learning modules, etc.)
- Is it time-consuming?
- What are the client's/family's/organization's views of it?

➔ **Enter the Participation Innovation Analysis into the KT Intervention Strategies Grids as barriers/supports (Form 4)**

Step 4 – Who should be involved?

Identify key stakeholders at the Micro, Meso and Macro levels.

Example Micro stakeholders:

Children and youth, parents, peers, clinicians, volunteers, personal assistants, educators, professional/healthcare students, instructors/coaches.

Example Meso stakeholders:

Managers of organization (rehabilitation, community, school, NGO), professional/healthcare educator, youth/parent advisory board for the organization, parent support organization, disability advocacy group, special interest groups.

Example Macro stakeholders:

Policy makers (municipal, state/regional, national – health, education, civic), professional associations, regulatory agencies, legislators, Ministries of Health, Education and Social Welfare, WHO and UNICEF.

➔ **Enter the Relevant Stakeholders According to Ecological Level (Micro, Meso & Macro) into the P-KT Framework Diagram (Form 3)**

Step 5 – What are the barriers and supports?

Identify the barriers to implementing the Participation Innovation.

Example barriers:

- Clinicians lack knowledge and/or skills
- Parents do not understand value of participation
- No participation section on assessment & goal-setting templates
- Limited organisational support
- Insufficient resources

➔ **Enter the Relevant Barriers According to Ecological Level (MICRO, MESO, MACRO) into the KT Intervention Strategies Grids (Form 4)**

Identify the existing supports to implementing the Participation Innovation.

Example supports:

- Clinicians value participation-focused practice
- Organization vision/mission supports participation-focused practice
- Existing community stakeholder engagement
- Rehabilitation department budget for continuing education and workload credit for effort to improve participation-focused practice
- Parental expertise on participation strategies

➔ **Enter the Relevant Supports According to Ecological Level (MICRO, MESO, MACRO) into the KT Intervention Strategies Grid (Form 4)**

Step 6 – What are the strategies to address barriers and build on supports?

Select appropriate intervention strategies from KT Intervention Strategies Grid for MICRO, MESO & MACRO Levels (Form 4), to address identified barriers and optimise identified supports.

- ➔ **Tick Strategies Applicable to your context (Form 4)**
- ➔ **Add Additional Strategies According to your context (Form 4)**