

Form 2: KT Roadmap – Guiding Principles to Support Uptake of Participation-Focused Innovations

	Principle	Description	Example Strategies
1	Focus on the essence of participation-based practices	Bring participation to the forefront of all clinical reasoning and decision-making with children and families, from assessment and goal setting to intervention and follow-up.	<ul style="list-style-type: none"> • Prepare a participation toolkit (assessments & interventions, tip-sheets, goal-setting templates) • Set participation goals • Incorporate participation into existing service delivery models (e.g., ongoing therapy groups) • Prioritize family–professional collaboration
2	Talk about participation – Embed language of participation in communication with families	Language of participation can be embedded within written and verbal communications with children and families but also through professional documentation, supervision of health profession students and university curricula of health profession programs.	<ul style="list-style-type: none"> • Shift to participation-focused language (vs impairment-based) • Create document templates that focus on participation • Discuss which roles within family-professional collaboration are meaningful (information, consultation, deciding and acting together)
3	Build a “participation team” – Partner with and fully engage stakeholders at all levels	A “participation team” of stakeholders can support children and families and build community capacity for such support. Stakeholders may include extended family, schools, parent associations, community-based agencies, and non-governmental organizations.	<ul style="list-style-type: none"> • Build a participation team • Share expertise with participation team and define roles • Identify relevant organizational stakeholders • Establish partnerships & engage in <i>ongoing</i> knowledge exchange to build capacity for inclusion across all settings
4	Understand where the participation-focused innovation sits in relation to your situation	Reflect on individual and organizational readiness and motivation for change, identifying strengths that can be built upon and challenges that can be addressed through focused interventions. Consider also broader social and political supports.	<ul style="list-style-type: none"> • Identify individual and organizational strengths and challenges to implementing participation-based practices • Identify “external forces” that can drive and sustain change (accreditation standards, incentives, peer pressure, competition between organizations)
5	Leverage existing resources	Identify existing resources that may be leveraged to support implementation of the participation innovation, such as advisory boards, consumer and parent groups, or even the health services organization vision and/or mission statement.	<ul style="list-style-type: none"> • Partner to build a “bank” of resources and services available in your immediate community • Build a collective family experience-based knowledge hub • Re-allocate existing resources • Identify and leverage emerging changes in health & social policies
6	Close the practice-research-practice gaps through evidence based-practice	Measure and document child and family participation goals and outcomes to track effectiveness of the participation innovation implementation.	<ul style="list-style-type: none"> • Monitor successes • Benchmark your practices against local, national, and international strategic priorities
7	Connect and share successes – Be an advocate	Record, celebrate and share strategies that work, successes, challenges, and further strategies for addressing identified challenges – sharing is a form of advocacy that can foster change.	<ul style="list-style-type: none"> • Collect and share success stories • Collect and share practice-based evidence • Use social media channels
8	Ensure sustainability	Ensure the participation innovation is sustained over time by monitoring implementation and identifying barriers to knowledge sustainability that can be addressed by further tailored intervention.	<ul style="list-style-type: none"> • Monitor implementation of the participation innovation over time • Use reminders of best-practices, site champions and leverage the ‘participation team’ (principle #3)