

Form 4: KT Intervention Strategies Grid - MICRO Level

Identify barriers and supports pertinent to YOUR situation and goals	Example strategies – add more as needed	
<p>BARRIERS:</p> <ul style="list-style-type: none"> • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ <p>SUPPORTS:</p> <ul style="list-style-type: none"> • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ 	Intervention Strategies	Tick Applicable
	Build a participation team	
	Professional peer support network	
	Join an ongoing community of practice	
	Develop shared understanding and responsibility for participation outcomes	
	Undertake further education/training (know the evidence)	
	Build on existing synthesis of evidence (e.g., systematic reviews, lay summaries of research evidence, e-learning modules)	
	Use effective educational methods such as problem-based learning	
	Share expertise within the participation team	
	Cultivate “knowledge-seeking” (vs pragmatism); willingness to diverge from traditional practice	
	Shift to participation-focused language (vs impairment-based)	
	Prepare a participation tool kit (assessment & intervention, tip-sheets, goal-setting templates)	
	Active listening and family engagement	
	Set participation goals	
	Use motivational interviewing to enhance readiness for change	
	Collect and share success stories	
	Collect and share practice-based evidence	

KT Intervention Strategies Grid - MESO Level

Identify barriers and supports pertinent to YOUR ORGANISATION's situation and goals	Example strategies – add more as needed	
BARRIERS:	Intervention Strategies	Tick Applicable
• _____	Build inter-sectorial partnerships	
• _____	Exchange knowledge across organizations (train each other around fields of knowledge/practice)	
• _____	Create a community of practice & formal opportunities to share information and to reflect on practice (e.g., via “clinical reflection days”)	
• _____	Identify relevant organizational stakeholders (e.g., disability advocacy groups, community recreation providers, support agencies, universities with allied health programs, local schools)	
• _____	Establish partnerships & engage in <i>ongoing</i> knowledge exchange to build capacity for inclusion across all settings	
• _____	Create opportunities for collaboration (e.g., student placements for implementation)	
• _____	Identify champions & provide support for them (e.g., release time)	
SUPPORTS:	Provide education	
• _____	Make evidence accessible (through license digital library databases, professional bulletins)	
• _____	Create documentation templates that focus on participation	
• _____	Apply for funding programs/opportunities	
• _____	Use a consumer “consultation committee” to design, review & adapt new participation tools	
• _____	Partner to build a “bank” of resources/services available in your immediate community	
• _____	Re-allocate existing resources	
• _____	Incorporate participation into existing service delivery models (e.g., ongoing therapy groups)	
• _____	Monitor success	
• _____		
• _____		

KT Intervention Strategies Grid - MACRO Level

Identify barriers and supports pertinent to YOUR POLICY and SOCIAL context	Example strategies – add more as needed	
BARRIERS: <ul style="list-style-type: none"> • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ 	Intervention Strategies	Tick Applicable
	Identify and leverage emerging changes in health & social policies; the right time/climate for change	
	Identify “external forces” that can drive and sustain change (accreditation standards, incentives; peer pressure; competition between organizations)	
	Use social media channels	
	Identify and work with legislators to champion inter-sectoral change in health & social services	
	Benchmark your practices against local, national and international strategic priorities and conventions	
SUPPORTS: <ul style="list-style-type: none"> • _____ • _____ • _____ • _____ • _____ • _____ • _____ • _____ 		